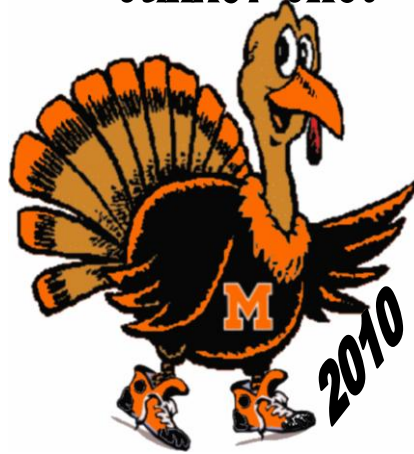


MIDDLETOWN HIGH SCHOOL SPORTS CLUB

TURKEY TROT



THANKSGIVING MORNING, NOVEMBER 25, 2010

1-MILE FUN RUN OR 5K CALORIE BURNER

8:00 REGISTRATION / 8:30: 1-MILE / 9:00: 5K

MIDDLETOWN HIGH SCHOOL STADIUM

Name: _____ Age: _____

Address: _____

City, State, Zip: _____

Day Phone: _____ Email: _____

Select (circle) Event: 5k Race 1 Mile Fun Run/Walk

\$20.00 Registration by November 12th

\$25.00 Registration after November 12th

Family rate: \$15.00 per runner for 4 or more by November 12th

\$20.00 per runner after November 12th

This is a non-chipped event

I can't make it (or) I would like to make an additional donation:

\$10 \$25 \$50 \$100 \$_____

Send to: MHS Sports Club Turkey Trot
200 School House Drive
Middletown, MD 21769

Contact us at:
MHSTurkeyTrot@aol.com
Registration Forms: www.MHSSportsCenter.com

In consideration of you accepting this entry, I, the below signed, intending to be legally bound hereby waive or release any and all right and claims for damages or injuries that I may have against the Middletown High School Sports Club, Inc and all of their agents assisting with the event, sponsors and their representatives for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event on November 26, 2009. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed Medical Doctor. I understand that the purpose of this race is to benefit a non-profit organization and to promote a charitable cause. Parent or adult guardian must sign this form for all children under 18 years.

Participant's Signature / Date

Guardian's Signature, if participant is under 18 / Date

Proceeds to benefit Middletown Stadium Project
Supported by MHS Cross Country

"These materials are neither sponsored by nor endorsed by the Board of Education of Frederick County, the Superintendent, or this school."